

Subject: MailChimp Template Test - "Leela School Newsletter Vol1/No5"

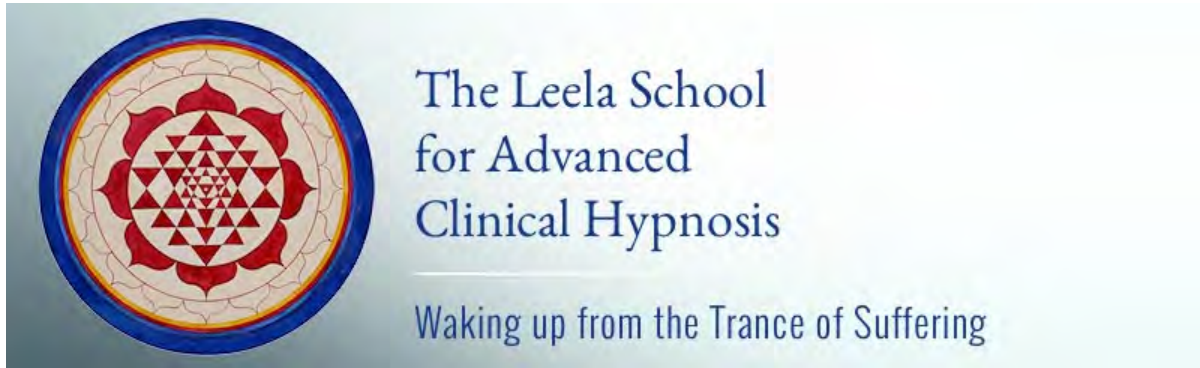
From: <webadmin@leela.org>

Date: 9/20/16, 3:34 PM

To: <leigh@leela.org>

We invite you to check out our brand new website.

[View this email in your browser](#)



The Leela School Student Newsletter Vol.1/No. 5

We invite you to check out our brand new website, www.leelaschool.org, where you will find class schedules, pertinent articles, and the latest audio and video clips.



[Don't forget to like us on Facebook!](#)



*We are here in service of
the whole world waking up.
this is what will bring world
peace and freedom. It
starts with each one of us.
It starts with you.*

~ Eli

Our Featured Article this month comes from the NY Times titled:
Using Hypnosis to Gain More Control Over Your Illness

By LESLEY ALDERMAN

KIRSTEN RITCHIE, 44, is no stranger to surgery — nearly 20 years ago, doctors

removed four tumors from her brain. She remembers the operation and its aftermath as “horrific.”

So the news that she needed brain surgery again was hardly welcome. Determined to make her second operation a better — or at least less traumatic — experience, Ms. Ritchie, an insurance marketing representative in Cleveland, turned to an unusual treatment.

At the Cleveland Clinic’s Center for Integrative Medicine, she had four hypnosis sessions in the month before her procedure, during which she addressed her fear of the coming surgery. She also practiced self-hypnosis every day.

[Click **HERE** to read more](#)

We have also added a few other NY Times articles to our [Resources](#) page that you might find interesting:

[NY Times: Think Less, Think Better](#)

[NY Times: Is Hypnosis All In Your Head? Brain Scans Suggest Otherwise](#)

[NY Times: Herbert Spiegel, Doctor Who Popularized Hypnosis, Dies at 95](#)

Upcoming Courses in US: Level 1 - Certification in Clinical Hypnosis

The US Level 1 Module One is just around the corner. And it’s not too late to attend our special "Summit" in which all Leela School Teachers and Mentors will be present. Click below to sign up for Module One. If you are unsure about signing up for certification, consider attending for the first 7 days which is our True Friends Retreat: Training for Trainers. More info can be found by [Clicking Here](#).

Australia Leela School Update

Our Level One Module 1 Ten day retreat in Australia has taken place. Jared and Stevie have done a wonderful job in leading this course. The next in person retreat will be in November.. and Module 2 is in progress now.

Below is a beautiful testimony and some pictures from the event:

Thank you so much for the recent retreat. Jared and Stevie exemplified true friendship so deeply and profoundly I feel we were all and continue to be blessed beyond measure. I was surprised by the depth and intensity of the retreat and feel it's real and permanent even as I am aware there is always ever more and deeper and truer. My 'yes' continues to resound through my life, and heart in such joy and peace. In love and deepest gratitude"

Nataša

<https://www.leelaschool.org/resources/news/64-reports-and-photos-from-jared-and-stevie-s-module-1-class-in-byron-bay>



US Module 1

10 day in-person retreat with Eli and Leela mentors in Ashland, OR

Dates: August 26 - September 4, 2016

[Register](#)

AU Module 1

10 day in-person retreat with Jared and Stevie in Byron Bay, Australia

Dates: 2017 - TBD

[More Information for 2017
Module One](#)

US Module 2

Online Module. You will watch Eli work

AU Module 2

with different clients using a variety of hypnotic inductions and clinical interventions. In addition, you will have 10 hours of private one-on-one mentor sessions (usually on Skype).

Register

US Module 3

10 day in-person retreat with Eli and Leela mentors in Ashland, OR

Dates: May 5 - May 14, 2017

Register

Online Module. You will watch Eli work with different clients using a variety of hypnotic inductions and clinical interventions. In addition, you will have 10 hours of private one-on-one mentor sessions (usually on Skype).

More Information

AU Module 3

10 day in-person retreat with Eli and Leela mentors in Byron Bay, Australia

Dates: November 22 - December 1, 2016

More Information

We have comprehensive and accredited 1 year, 2 year and 3 year certifications offered in both Australia and the US. [Find the course that is right for you.](#)

Newsletter Library:

[Student Newsletter 1](#)

[Student Newsletter 2](#)

[Student Newsletter 3](#)

[Student Newsletter 4](#)



Copyright © 2016, The Leela Foundation All rights reserved.

Our mailing address is:

574 East Main St., #1
Ashland, OR 97520

Want to change how you receive these emails?
You can [update your preferences](#) or [unsubscribe from this list](#)